

# DAPP

EVELOPMENT AID FROM PEOPLE TO PEOPL

AGRICULTURE

COMMUNITY DEVELOPMEN

EDUCATION

HEALTH

# 2016 ANNUAL REPORT

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**A**GRICULTURE

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COMMUNITY DEVELOPMENT

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# **E**DUCATION

TEACHER TRAINING COLLEGES

Vocational Schools

# HEALTH

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### Table of Contents

	About DAPP Malawi	05
	Where We Work	. 06
	Country Director's Message	<b>07</b>
	Highlights from 2016	. 08
	Agriculture	. 10
	Community Development	. 14
	Education	. 18
	Health	. 28
	Fundraising	34
	Development Instructors	. 36
	Llumana Dagala ta Dagala	20
	Humana People to Peopleknowledgements	. 38 . 40
$\Lambda$ C	KNOWUPANAMENTS	4(1)

#### **ABOUT DAPP MALAWI**

Locally registered and managed non-pro t organisation, Development Aid from People to People Malawi (DAPP) has since 1995 implemented development models that span all regions of the country.

DAPP Malawi's programs focus on four main sectors namely agriculture, community development, education and health. The organization employs more than 800 sta and bene ts approximately one million Malawians annually.







#### Mission Statement

To work with communities in Malawi by promoting social and economic development through programs related to agriculture, community development, education and health.

DAPP Malawi upholds honesty, empathy, mutual respect and solidarity in all its activities and programs.

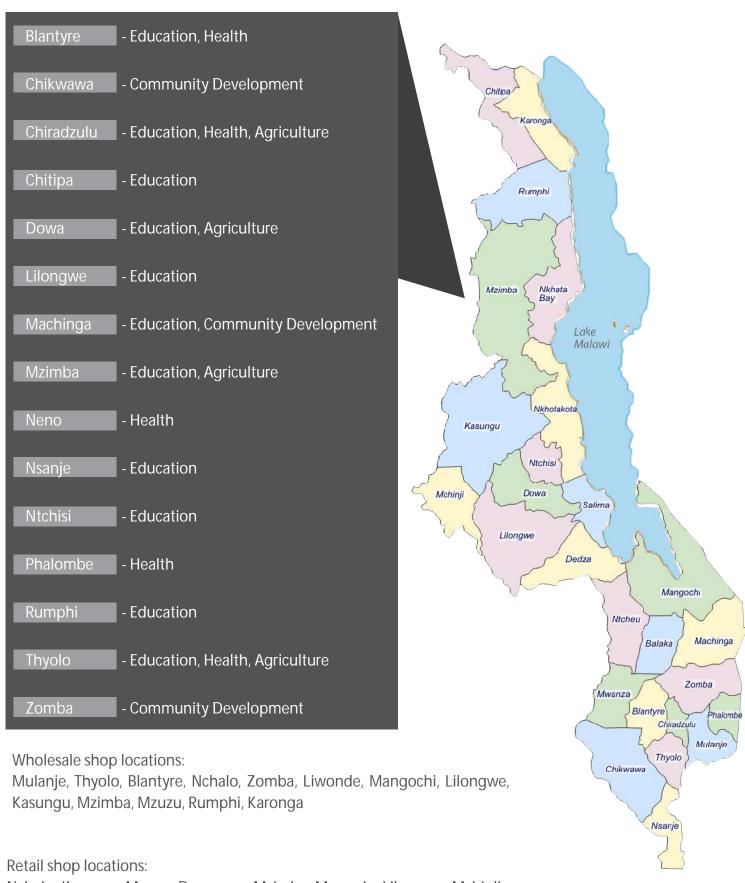
In its mission, DAPP Malawi has prioritized its activities in rural and peri–urban areas where over 80% of the population is concentrated.

#### Vision

DAPP Malawi envisions a society in which communities are self-sustainable and have improved quality of life.

The above vision is based on the Solidary Humanism to radiate actions aimed at creating favourable conditions for men and women, particularly the poorest, to actively participate in overcoming the current constraints regarding access to education, health and participation in the economy.

#### WHERE WE WORK



Nchalo, Karonga, Mzuzu, Dwangwa, Mzimba, Mponela, Lilongwe, Mchinji, Salima, Dedza, Ntcheu, Balaka, Mangochi, Zomba, Blantyre, Mwanza

#### COUNTRY DIRECTOR'S MESSAGE



DAPP Malawi has continued to build upon its e orts from previous years to develop and expand its strategies and reach out to more people, bringing about a change in their lives through better access to quality primary education for their children through the unique Humana People to People teacher training model, improved means of livelihoods through the implemented developmental programs in agriculture, community development and health.

Approximately one million people were impacted during the year 2016 making it yet another milestone for DAPP Malawi as it was its 21st year of implementing a range of programs which complement the Malawi Government's

e orts to create sustainable development, promote education for all, empower girls and women, uplift rural livelihoods, enhance communities' participation and ownership of developmental programs and mitigate the e ects of global warming.

With its overall objective to promote solidarity, humanism and social and economic development, in 2016, DAPP Malawi implemented water, sanitation and hygiene projects under DAPP Child Aid in Thyolo, Chiradzulu and Chikwawa. The Child Aid project utilizes a holistic framework for people to self-organize in common interest groups, identify community needs and build capacity and strengthen linkages with stakeholders to address the needs.

The Farmers' Clubs program continued to work with farmers and provide training in sustainable farming methods including climate smart agriculture to increase production, improve crop quality and diversing cation and to enhance household nutrition. As one way of empowering women in agricultural production, the clubs have 60 – 70% female membership. The Dowa Farmers' Clubs have included women with disabilities in the project to equip them with relevant farming skills and enable them to contribute in their households' economic decision making and assume leadership roles within the clubs and community.

DAPP Malawi expanded its TB focused interventions to include mining sector key population (miners, ex-miners, their families and communities where they stay) through a grant from ADPP Mozambique funded by Global Fund through the WITS Health Consortium under the Tuberculosis in Mining Sector (TIMS) Programme which is being implemented in 8 southern African countries including Malawi.

The rst team of student teachers to undergo the three year program introduced in 2013 graduated in November 2016 at the four DAPP Teacher Training Colleges, I would like to commend Honourable Rhino Chiphiko, MP and Sunbird Tourism Limited for the three years of partnership.

I also want to thank the Federation Humana People to People for its continuous support and inspiration within all aspects of the development work, including programme development, stall capacity building and organizational and administrative support. Finally, I want to extend DAPP Malawi's profound gratitude to the Malawi Government, local and international partners for their support and commitment both in nancially and in kind – and to the more than 800 stall, Development Instructors and Volunteers in the everyday work with whom we have shared the challenges and solutions to achieve our common goals.

#### Lisbeth Thomsen



# Monsanto Launch

DAPP Malawi entered into a DAPP January Primary Monsanto-supported towards

# CHINESE EMBASSY HANDS OVER YOUTH CENTRE

The K20 million DAPP Dowa Youth Wang the Ambassador of the People's the centre was constructed, furnished surrounding post-secondary handover ceremony Mr. Richard Training allsoinoptaneoderal seascen. a K7 million

# Standard Bank donates K12.5 MILLION TO DAPP

Standard Bank Malawi Limited Chief Financial Officer for

### 2016 NGO WEEK

DAPP from DAPP Dowa TTC and

# STARTING UP OF TB IN THE MINING SECTOR (TIMS) PROJECT

of Health, Ministry of Labour, Sports, and DAPP Malawi, DAPP Malawi Recipient and ADPP Mozambique <u> შნტიის დიუბლის განსის valion the</u>

# DAPP GRADUATED TEACHER DECORATED DURING OUTSTANDING TEACHER AWARD

John Wallis a DAPP Chilangoma Primary School in Neno District. their respective districts, thirty six which brings together DAPP regularly both locally and monthly community members to be active

#### **A**GRICULTURE

#### FARMERS' CLUBS

The idea of the Farmers' Club (FC) program is to organize and mobilize small-scale farmers living in the project catchment areas to join forces and share ideas, knowledge and resources in order to advance the agricultural production of each and every member and improve living standards through adopting and practicing e cient, sustainable agricultural farming methods.

The objective of the program is to ensure that participating small-holder farming families become resilient to food insecurity and capable of decreasing the negative impacts of droughts and any other unpredictable weather challenges by practicing modern farming methods and adopting new technologies. Farmers are organized in Farmers' Clubs of 30 to 50 members per club.

In addition to promotion of maize, soya beans, climate resilient crops like sweet potatoes, cassava, millet and sorghum, the program expanded with 9,000 farmers who were trained in groundnuts or macadamia production and value chain enhancement in Thyolo, Dowa and Mzimba districts. The farmers were trained on how they can produce aflatoxin free groundnuts through following good agricultural practices including post-harvest handling.

The project continued to promote conservation farming which has resulted in reducing the inorganic fertilizer application while realizing high crop yields; small scale irrigation using rope and washer pumps which enabled farmers to grow winter crops; trained lead farmers as active community leaders in agriculture production; continued supporting three cooperatives in Dowa district with the processing and construction of aggregation centers. The program also distributed goats and pigs as a "pass on loan" to the farmers in Blantyre and Dowa districts. They were all trained in animal husbandry and management of the animal pass-on loans.

The program linked farmers to reliable markets where they sold groundnuts, maize and soya beans. Maize, groundnuts and soya beans were sold to several companies including Sunseed Oil, Moni Oils and Afrinut companies. Furthermore, the program invited personnel from nancial lending institutions to conduct trainings for village saving loans groups where farmers also received tips on how to make their VSLGs successful.

Farmers in the program were able to indicate an improvement in their crop production which also translated into an increase in household incomes through the sale of the surplus crops and cash crops. Participating farmers have in general increased their asset acquisition in the year. They were able to buy and stock farming inputs in preparation for the 2016/2017 growing season.

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#### Key Figures

DAPP Farmers' Clubs Program	Achieved
Number of Farmers' Clubs members enrolled	21,650
Number of farmers practicing conservation farming and other environmentally friendly farming methods	20,658
Number of farmers trained in crop processing and value addition	4,250
Demonstration gardens established	168
Number of rewood saving stoves constructed	2,884

## **EVENTS IN PICTURES**

. Dowa districts



#### CASE STORY

#### DAPP Dowa Farmers' Clubs improving agriculture value chain

Some ve years ago, the women of Dowa never imagined they would learn about conservation agriculture or livestock farming or soya milk production. They had a normal life like all other women living in the rural areas of Malawi; carrying out household chores, taking care of the children, tending the garden and depending on their husbands to provide their needs.

Then came Development Aid from People to People (DAPP) Malawi with the DAPP Dowa Women Farmers' Clubs project to work with them. And, for the last ve years, there has been a great overhaul in their lives.

Regina Gwetsele of Tikondane Club recalls how she started getting involved in the Farmers' Clubs project activities. "I started working with them (DAPP Malawi) the very moment they got to this place (in 2013). At rst it was not easy for people to understand, some actually thought we were going to rebel against our husbands," reminisces Gwetsele. Fortunately, DAPP which implements other projects within education & vocational training, food security, community development, and health in other districts in the country strongly encourages men to support and work closely with the women.

"We support the women in a number of ways including maintenance of the vita-goat machine, provide support during negotiations with potential buyers and in rare occasions act as arbitrators when there are disputes. We believe that their success is our success too," shared Luka Mkomera, a community volunteer who works with Mthete Women's Cooperative.

There are two cooperatives in Dowa that have their genesis stemming from DAPP's support – the aforementioned and Chimwankhuku Cooperative, both with a membership of over 170 members each.

Agness Faisoni, of Mthete Cooperative, says with the help of DAPP Farming Instructors who live with them in their communities, they have been able to learn a number of things including nutrition, sanitation, hygiene, conservation agriculture and livestock farming.

"Apart from the agricultural activities which are the main focus of the project, we received lessons on how to improve hygiene and sanitation in our households, the Farming Instructors trained us in making dish racks, tippy taps, and rubbish pits. Through the cooking demonstrations we have learnt that good nutrition is not just about having meat in one's plate but balancing a variety of food items (mostly available locally) from each of the food groups," says Faisoni. Their biggest success story, according to Faisoni, is the knowledge DAPP Malawi has imparted in them to produce milk from soya beans.

"We are currently producing on a small scale and selling within our community, our long term goal is to produce on a larger scale and have reliable customers such as Mtengo Wa Nthenga Hospital who we will soon engage in talks to be supplying soya milk to their paediatric ward," she says.

"As we are approaching the end of the project, we will be working with the cooperatives by instilling in them marketing skills so that they can easily market and sell their produce," concluded Chiwaya.

#### COMMUNITY DEVELOPMENT

#### PROJECT IDEA

The Child Aid project was being implemented in Thyolo, Chikwawa and Chiradzulu districts. The implementation followed 10 lines of activities which address questions on how families and their children need to work together in order to achieve the objectives. The lines of activities were; health and hygiene, and the ght against HIV/AIDS; children as active in the political, social, cultural and economic spheres of society; children, without parents and in dicult situations; education; district development; environment; strengthening the economy of the family; preschools; food security; and sports and culture.

#### CHIKWAWA CHILD AID PROJECT

In Chikwawa district, the project was implemented in three Traditional Authorities of Mulilima, Ngabu, Makhwira and Paramount Chief Lundu. With assistance from the Open Defecation Free (ODF) taskforce, sanitation subsector players, local leaders and Village Action Groups (VAGs), DAPP became one of the rst organizations to lead a T/A to an ODF status in the district. A total of 37 villages in T/A Makhwira were veried and certied to be Open Defecation Free.

An ODF status at a T/A level is attained when over 95% of the households have latrines in their homes or there is evidence that they are using their neighbor's latrine. The latrines should have a cover, be well constricted with privacy, roofed and the whole area should not have any traces of feaces.

The Child Aid project adopted the Community Led Total Sanitation (CLTS) model which enabled tracking of progress made in the project activities through local leaders who took a proactive stance to address issues of sanitation hygiene by instituting of a task force that carried out village and household support visits to monitor progress in the communities.

#### Key Figures

DAPP CHILD AID CHIKWAWA	Achieved
Number of follow ups/monitoring visit conducted	181
Number of T/A veri cation to be Open defecation free	1
Number of villages declared ODF	129
Number of villages continue having improved sanitation and hygiene	129
Primary schools has been empowered to invest in sustainable sanitation facilities	15

The Child Aid project adopted the Community Led Total Sanitation (CLTS) model which enabled tracking of progress made in the project activities through local leaders.

## **EVENTS IN PICTURES**



DAPP became the rst organization to move a Traditional Authority to Open Defecation Free status in Chikwawa district.



#### **EDUCATION**

#### TEACHER TRAINING COLLEGES

The Humana People to People (HPP) Teacher Training model, which DAPP is implementing in its four colleges located in four Educational Divisions, is designed to create a new generation of teachers who will bring modern inclusive quality education into poor communities and thus contribute to their development.

The educational concept is visionary and unique in its outlook, combining academic studies with practical work and teaching practice and emphasizing the role of the teacher as a key gure in community development - as "Another Kind of Teacher"

Through the 3 year training program, the student teachers go through a process during which they are equipped with knowledge, skills, experiences, commitment and courage "to act" and to "do what it takes" to make children bene t from going to school - and indeed to be "Another Kind of Teacher".

The rst team to pioneer the three year program graduated in November and December at the four DAPP TTCs including Mzimba TTC which also celebrated its—rst team of 65 female students who graduated with the highest overall grades among all the colleges. Prior to their graduation, the team had been in teaching practice for 11 months in 51 primary schools where they spearheaded community activities such as community education about HIV/AIDS and malaria prevention, neighborhood clean-up campaigns, establishing vegetable gardens to improve nutrition, campaigns for better hygiene and sanitation in primary schools and around households.

Team 2014 students passed the Malawi National Examinations Board (MANEB) administered examinations and started the school based teaching practice in September 2016. Some of the notable activities the students have been doing in preparation for teaching practice have included learning teacher didactics, working with community members and school children, and organizing open days together with youths from the surrounding communities. In addition to classroom work and coping with the demands of Year 2 of their training, Team 2015 student teachers are also conducting community lessons for community members such as adult literacy, health, cookery, sanitation and environmental conservation.

The student teachers have been organizing "It's Show Time" in which the student teachers showcased lessons learnt from demonstration schools. The students are also putting to practice some of the new skills acquired through lesson observation during the study travel they embarked on during the rst quarter of 2016.

Due to the increased female enrolment in the colleges, many girl learners have been inspired when they are in Teaching Practice. The female student teachers act as role models to the girls learners through the club activities and community projects that they initiate in the surrounding communities. These activities have brought about a signi cant increase in the number of girls attending school.

The presence of student teachers in teaching practice schools has allowed teachers to give attention to other classrooms which previously had no instructor due to large enrolment numbers. This means that the teacher to pupil ratio has been increased in those schools. This has led to higher quality of teaching as teachers are able to address the individual learning challenges of the learners in their classrooms. Apart from this, the student teachers are also engaged in lessons related to adult literacy, sanitation, conservation agriculture, hygiene and health for both the children and the community.

Through the in-service projects which DAPP Malawi is implementing, the Let Children Stay in School project continued to work in Chitipa, Rumphi, Ntchisi, Lilongwe, Machinga and Nsanje districts. The overall goal of the project is to reduce the dropout rate of standard one and two learners through improving lives and wellbeing of poor and vulnerable children by strengthening the capacity of parents and communities surrounding Community Based Child Care Centers that are being supported by Action Aid.

Team 2014 students passed Malawi National Examinations Board (MANEB) administered examinations and started the school based teaching practice in September 2016. The 400 Primary Schools project is a network of DAPP graduated teachers working in government schools. The teachers have continued to stick together and support each other in contributing towards creating conducive learning environments for the learners in their schools. The two in-service programs have contributed towards improved collaboration between schools and communities, promoted teachers' use of a variety of teaching and learning materials, and increased enrolment in some schools as a result of the home grown school feeding programs and improved sanitation and hygiene.

There has also been an improvement in the communities' participation in school related activities, this has been seen through the support they render to the schools in the project when they have initiatives to build and rehabilitate school blocks and latrines. Parents, led by the chiefs, have taken a pivotal role to ensure that they mobilize resources such as sand, poles, thatch for roo ng shelters, moulding bricks and providing labour.

#### CASE STORY

#### Mzimba TTC Case Story: Ovaline Phiri

37-year old Ovaline Phiri lives in Chaliwa Village in Mzimba District with her husband and four children (2 boys and 2 girls). She was forced to leave school when she was in Standard 6 to take over household responsibilities when her sister fell sick and had to visit Lilongwe with her mother regularly for treatment.

If it were not for these disculties, she would have stayed in school as long as possible and for this reason she wants her children to have the best education she can provide for them. Her oldest son has learning disculties and was forced to withdraw from school as he could not be accommodated due to lack of special needs caregivers at the local school. Ovaline also has a child in Form 3, another in Standard 8 and the youngest is in Standard 4.

She thinks it's particularly important for her children to have female teachers so that they have examples of educated women, and she thinks that every school should have at least one female teacher so that girls have someone to talk to about their needs and challenges, particularly around puberty. She also believes it is important for both girls and boys to receive training and information about teenage pregnancy and early marriage so they can make good decisions for themselves and be equal partners in their marriages. She herself has taken an active part in village e orts to eliminate early marriages.

As one of the community members living nearby the DAPP Mzimba College where she actively participates in the community activities coordinated by the college, she has realized that as parents they also have a signi-cant role to play in their children's education. She is grateful to the college for introducing activities that aim at empowering women in particular, through establishment of Village Savings and Loan groups, sewing and tailoring clubs and most importantly for strengthening parents and community members' involvement in school related activities. In her capacity as Chairperson of Mbwiliwiza Primary School's Parents – Teachers Association, she strongly encourages parents to send their children to school and be active in personal and community development initiatives and also imparts the knowledge and skills she has acquired from the trainings she attends at DAPP Mzimba TTC.

She appreciates DAPP's work and the student teachers who carry out teaching practice in her village. Her children as well as those in her community continue to bene t from remedial classes introduced by the student teachers to support children who struggle with classwork. They have also been able to enjoy food produced in the school garden which the student teachers established. Lastly, she would like some of the DAPP trained teachers to be posted to her community's primary school once they graduate so that the initiatives they put in place during teaching practice are maintained in the longer-term.

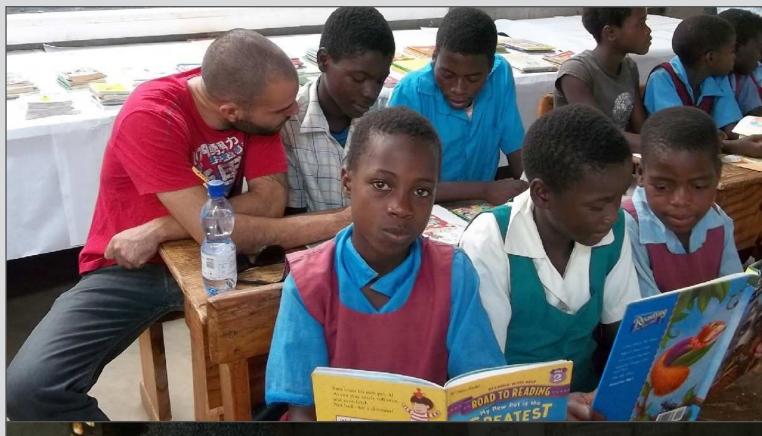
#### Key Figures

400 Primary Schools Program	Achieved
Planting trees by pupils and teachers	11,200
Targeting 100 teachers in the program	87
Teachers inspired by the methods and materials used by teachers in 400 Primary Schools.	3,550
100 teachers directly teaching 8,000 pupils	6,880
Reaching out to children through clubs, sports activities and other activities	61,920

We Do More Teachers in 116 Primary Schools	Achieved
Enrolment in the schools	51,230
Established playgrounds for children of the lower grades	93
School improvement plans are implemented and annually updated	93
Community Open days	96
Hand Washing Facilities	900

Teacher Training Program	Achieved
Student teachers under training	1,002
Pre-schools in operation	130
Primary schools hosting student teachers in teaching practice	51
School gardens established in teaching practice schools	45

#### **EVENTS IN PICTURES**





The rst team to pioneer the 3-year training program graduated in 2016. The students were equipped with knowledge, skills, experiences, commitment and courage to act and do what it takes to make children bene t from going to school.



#### Education - Vocational Training

Mikolongwe Vocational School started its operations in Malawi in 1997 at Providence Industrial Mission (P.I.M) in Chiradzulu district. The project moved from a rented building to its own campus in the area of Group Village Headman Mataka, Traditional Authority Likoswe in 1999.

The idea of the project is to equip young men and women with technical skills and knowledge for them to become productive youths, and be able to secure employment or become self-reliant by starting up small-scale businesses and thereby contributing to poverty alleviation in Malawi. Mikolongwe Vocational school mobilizes and empowers youth to use their skills and full potential to contribute towards community development at community and national level.

In 2016, the school o ered 10 courses which were: Financial Accounting, Agriculture, Plumbing & Wash Technician, Bricklaying, Carpentry, Community Development, Welding & Fabrication, Textiles & Fashion Designing, Beauty Therapy & Hairdressing Salon, and Renewable Energy & Electrical Installation. The courses were examined by Malawi National Examination board, TEVETA, Malawi Trade Test, Association for Business Managers and Administrators (ABMA) and The Institute of Chartered Accountants in Malawi (ICAM). The Vocational training Program is divided into two categories which are Formal for Malawi School Certicate of Education Holders and Informal training for school drop outs.

To bring awareness of the school program to the surrounding communities, the school conducted four open days in the villages around the school. The open days were used as a training platform for the students who were in agriculture and community classes with assistance from other students.

The school cultivated one hectare of land where they grew maize, vegetables and legumes. The land is used for demonstration for the students and the surrounding communities. Tomatoes were grown in green houses which were constructed in the same year. In addition, the land was used for animal husbandry where the students kept goats, rabbits and chickens.

#### Key Figures

DAPP Mikolongwe Vocational School Activities / Goals	Achieved
Number of students trained in 10 courses in 2016	253
Opens Sundays held conducted	2
Hectare of land cultivated for food production	1
Community clubs established	4
Students trained under short courses	484

#### CASE STORY

#### ${f V}$ ictoria ${f A}$ midu



My name is Victoria Amidu, I am 22 years old and currently pursuing a Textile and Fashion Designing course at DAPP Mikolongwe Vocational School.

I am the rst born in a family of 3, and I come from Nyakoko Village in Neno District. I completed my secondary school education when I was 16. I have always loved fashion and I used to save the pocket money I received from my family to pay for lessons which I was receiving from a local tailor.

I believed that if he taught me the basics on how to sew and join fabrics I would be set. However, my family did not see any future in tailoring as such I was sent to study business administration at the Polytechnic. My passion for fashion and designing grew while at the Polytechnic as I saw many unique designs both at

the campus and when I moved around town. I began envisioning my life as a designer but didn't really have a well planned strategy about how I would realize that dream.

My dreams became a reality when I was among the 30 youths selected for the three year Textile and Fashion Designing program by DAPP Mikolongwe Vocational School under the Sympany Sponsorship program. It has been an amazing experience being at the vocational school and learning so many things about the industry and realizing that it's not just about sewing and joining fabrics as I had imagined when I was growing up.

At her studio, I have learnt many things which include free hand cutting, cutting cloth without pattern, special designing, conducting market research, studying the markets, importance of teamwork, how to work with sequences, packaging and customer care. I am truly privileged to have her as my mentor.

My vision is to become a professional designer who will also put Malawi on the map. Most importantly, I want to become a role model for my fellow youth whether boys or girls and inspire others in the way that Lily Alfonso inspires me. I would not have come this far if it were not for the sponsorship, the support and encouragement from my instructors at Mikolongwe Vocational School and my fellow sponsored students. I remain thankful to Sympany for granting me this life changing opportunity.

- Victoria

## **EVENTS IN PICTURES**



Young women and men were equipped with technical skills and knowledge for them to become self-reliant and productive.



#### HEALTH

DAPP implements Health programs such as Nutrition, HIV & AIDS, TB, Malaria, Promoting sexual reproductive health services and Sanitation in support to the Government efforts to reach the MGDS. DAPP agrees to Government realization that a healthy population is necessary for sustainable economic growth and development.

DAPP supports the Government strategy of strengthening community health service delivery and contributes to the achievement of National Strategic Plan for Nutrition, TB, HIV and AIDS, Malaria and Sanitation.

#### DAPP Approach Health Programs

DAPP uses innovative and intensive targeted "door-to-door" interpersonal communication in implementing its health programs mainly Nutrition and Sanitation, TB- HIV & AIDS and Malaria. The approach builds capacity in individuals and the community as a whole to prevent the transmission of diseases and promote a health seeking behaviour.

The approach uses the Community workers and Community Volunteers (Promoters and Cluster leaders in Nutrition and passionate in TB/HIV Program) who stay in the same communities where DAPP implements its program with the people themselves at the centre of the ght against Malnutrition, TB- HIV & AIDS and Malaria TB or HIV in their families and communities.

#### Nutrition

The Support to Nutrition Improvement Component (SNIC) project technically and nancially supported by the International Development Association (IDA-World Bank) and Canadian International Development Assistance (CIDA) through the Department for Nutrition, HIV & AIDS (DNHA) in Malawi.

The project had the aim of contributing to overall reduction of child stunting, maternal and child anemia in Malawi through enhancing and scaling up of maternal and child nutrition service delivery at community level in Blantyre and Chiradzulu districts.

Increased knowledge about Maternal and child health is also high in the impact area. 75% of the women had the correct knowledge on the age the child should be breast fed. Knowledge on exclusive breast feeding was almost universal in the program area as most of the women were able to mention the correct period of exclusive breast feeding of 6 months as observed during eld visits and assessment done by project supervisors and District Nutrition Coordination Committee members.

Increased knowledge about the importance of iron for pregnant women and how mother could access iron i.e. through dietary diversitation and promotion of eating green leafy vegetable such as amaranths as some of the important way of accessing iron apart from the hospital during ANC visits. More than 70% of the pregnant women have planted amaranths in their backyard gardens with support from the project.

The project observed improved hygiene (personal, food and environmental) practices in many houses as evidenced by availability of sanitary facilities at household level such as tippy taps (18,103), pit latrines (18226), rubbish pits (11,452), dish racks and clothes drying lines. From 2015 to year end 2016, the project catchment areas have resulted in no registered cholera cases and other waterborne diseases (diarrhea) caused by poor hygiene and sanitation

The DAPP approach builds the capacity of Community Workers and Community Volunteers (promoters and cluster leaders in Nutrition and passionate in TB/HIV program) who stay in the same communities where programs are being implemented.

#### TC-TB IN THYOLO

TB integrated program modelled on DAPP Malawi's HIV/AIDS Total Control of the Epidemic Program with support from Comic Relief and DFID through TB Alert UK. The program empowers communities for early TB detection, HIV Testing and treatment adherence for clients with TB and HIV in Mulanje and Thyolo districts. The Project contributes to the Government's e orts in raising awareness on HIV, TB and TB/HIV Co-infection.

Due to early active case nding and linking patients to e ective treatment, the project observed an increase in early case detection for TB/ HIV cases, timely diagnosis and early treatment to clients with TB through referrals, hence prevention of MDR TB. In the year, the project has observed an increase in number of patients adhering to treatment and due to formation of TRIOs (two family members supporting HIV/TB patients on treatment adherence) and DUO, the spread of TB infection has been prevented within the households with TB patients.

Sputum collection points have been established in the community's collection of 4497 sputum samples. The project has observed improved quality of life, nutritional status and treatment adherence for MDR TB and TB/HIV co-infected who were provided with food packages.

#### CASE STORY

#### DAPP FIGHTING TB, HIV & AIDS THROUGH INTEGRATED APPROACH IN THYOLO



Makungwa Health Centre Senior Medical Assistant Thom Kapinza Soko hailed DAPP for working closely with Government to reduce TB, HIV and AIDS related deaths through the TB – HIV integrated project being implemented in Thyolo District.

The DAPP project has established a strong link between the people and the existing health services which has further created an increased demand on the health centre to cope with the increasing number of people who seek treatment and this saves more lives.

Through the trios which are formed comprising of the patient and two relatives, drug adherence has been enhanced unlike in

the past were the patients mostly had the sole role to ensure they took their medication correctly.

"As a hospital, we want to thank the DAPP Community Health Workers and Volunteers who are helping us identify presumed cases in the villages and refer them to the hospitals. We also want to recommend the nutrition classes and cooking demonstrations conducted in the communities' in order to teach people about the importance of healthy food.

The patients and their families are able to prepare a variety of healthy meals using food items from the six food groups. This has further enabled the patients to boost their nutrition and assisted in drug adherence as some patients used to report that they have increased appetite when taking the TB medication and that it became dicult to take the medication especially when they had no food," said Soko.

DAPP Head of Programs, Moses Chibwana said through the project, DAPP is contributing towards the government's e orts in raising awareness on TB, TB/HIV co-infection, early case nding and linking patients to e ective treatment and ensuring that patients adhere to TB HIV treatment. He acknowledged the role that the DAPP Community Health Workers, community volunteers, traditional leaders, support groups and health personnel play towards the achievement of the project goals and alluded the success of the project largely due to this collaboration.

"Since inception, we have reached 123 735 people with HIV and TB information through the door to door approach and 11 484 presumptive cases have been screened for TB at their door step. The project also provides nutrition support for Multi-Drug-Resistant tuberculosis (MDR-TB) patients and TB/HIV co-infected patients," said Chibwana.

Chibwana added that although the project is on course and meeting its intended goals, there are some mobility challenges being faced by the team of committed volunteers who work tirelessly together with the DAPP Community Health Workers to ensure that their communities receive TB/HIV information and access health services at the health centre as they walk long distances to reach the communities.

#### TB IN THE MINING SECTOR

The project aims to increase TB case nding among the key populations (miners, ex-miners, their families and communities where they stay) in the mining sector. Furthermore to increase access to information and education on TB prevention, and to provide HIV Testing and Counselling, care and treatment to presumptive TB patients.

The project is supporting TB/HIV clients to adhere to TB/HIV treatment and completion of treatment. TB awareness campaigns and door to door visits are being used to sensitize communities on TB screening and at the same time sputum collection points have been established.

Door to door approaches yield higher rates of service acceptability because services are usually brought closer to the people in need of the services. Families are being educated on TB symptoms, prevention, testing, treatment adherence, and topics stigma and discrimination are also discussed. Since the project is just new, the campaigns will play a great role in reaching out to many people with TB messages. And we will also engage local radios to disseminate information about TB.

With funding from Global Fund through Wits Health Consortium (WHC) as a Principal Recipient and ADPP Mozambique as a Sub Recipient, the project is expected to screen 15,000 key populations within its 18-month life time. The project started in July 2016 and is being implemented in three districts of Chiradzulu in Traditional Authority (T/A) Mpama 1 &2, Neno in T/A Kanono and Phalombe in T/A Chiwalo.

#### Key Figures

TC-TB In Thyolo Planned Activities	Achieved
People reached with TB and TB/ HIV co-infection information through mass awareness meetings	41,833
Households visited with HIV/TB information	21,119
People screened for TB	6,775
Sputum samples collected tested	1,562
Number of sputum collection centers established	75

Nutrition Project	Achieved
Identify, recruit and train500 lead /community volunteers from the formed village Nutrition Care Groups	813
Monthly door to door visits conducted to households of bene ciaries aimed at providing education and counseling support at household level	46,875
Conduct door to door home visits to women in reproductive age 15-49 years	233,093
Hygiene campaign on personal, food and environmental, utilization of safe water and sanitation	134,745
Conduct monthly cooking demonstration on six food groups	1,217

TC-TB In The Mining Sector Planned Activities	Achieved
People reached with TB and HIV/AIDS education and information	3,663
People screened for signs and symptoms of TB using a set of screening questions to assess for any possibility that they may be infected of TB	1,962
Sputum samples collected and sent to TB microscopy for TB diagnosis - presumptive	299
HIV positive people screened negative for TB referred further TB testing using Gene expert machines or Chest X-ray	3
Community awareness meetings conducted	9

#### DAPP Second-HAND CLOTHES & SHOES

The DAPP Clothes and Shoes project has over the past 21 years contributed signicantly to the empowerment of the vulnerable and the poor, the children, the youth, women and men in the rural communities through the projects implemented by DAPP within education & vocational training, agriculture & food security, community development, and health; thus improving families' access to good sanitation facilities, clean and safe drinking water; improved agricultural techniques; quality primary education for children taught by graduates from DAPP colleges and access to health and nutrition information.

The project also improves the living standards of people in Malawi by enabling families to buy good quality secondhand clothes and shoes at an a ordable price. In 2016, the project operated 1 sorting center, 11 whole sale shops and 21 retail shops across the country and employing a workforce of more than 310 people in the dierent departments; the project indirectly creates self-employment for approximately 3,500 big bale customers who in turn employ on average 2 assistants each thus providing support to their families through their engagement in secondhand clothes and shoes trading.

#### CASE STORY

#### Mrs. Walani - DAPP Customer for Over 15 Years

My name is Mrs Walani and I am popularly known as Mama Lumba here at Lilongwe Flea Market where I conduct my business. I have been in the secondhand clothes business for more than 15 years now and my relationship with DAPP dates as far back as 2001 when I used to buy my bales from the Trade Fair Shop.

Over the years, my life has changed in many aspects because of my engagement with the trade, I have been equipped with business management skills through the Open Days organized by DAPP where guest speakers from various elds who are invited to train wholesale customers. The trainings have not only been centred on business but also how we can improve hygiene and sanitation in our households and how to join the ght in combating the e ects of climate change through tree planting, caring for the trees and reducing the consumption of rewood for fuel.

I am able to support my children's education as we are also taught about the importance of investing in our children's education during the customer gatherings held at the DAPP shops. My eldest child is pursuing Accounting studies in college while the youngest is in Form 4 at a boarding school in Zomba. Through the business, I have built a beautiful house for my family and also invested in agricultural production at my home village.

I have remained a loyal customer even after I relocated to Lilongwe a few years ago and continue to introduce young women to the trade so that they also have successful small scale clothes sale businesses. In conclusion, I would like to commend DAPP for providing its customers the opportunity to visit and learn more about the projects it implements, I have been to many of the projects including the o cial inauguration of DAPP Amalika TTC in Thyolo in 2009 and to the National Headquarters at Chilangoma.

In conclusion, I thank the DAPP management, shop managers and assistants for their support over the years and untiring e orts to ensure that women are economically empowered, there were a number of times I felt like quitting when the economic climate was not favourable but their encouragement and sound advice has kept me going up to now.

# **EVENTS IN PICTURES**



Families managed to buy good quality secondhand clothes and shoes at a ordable prices.

#### **DEVELOPMENT INSTRUCTORS**

The Development Instructor (DI) program which is carried out by DAPP has several objectives, one of which is to open up the possibility for everyone to contribute to development on the ground of Solidary Humanism. This program is bene cial for the DAPP Malawi projects as development is about creating visions and showing possible paths to reach out to the poor. The DIs that are working in the DAPP projects have contributed to increase in food diversication for communities through the establishment of vegetable gardens, provided pre-schools with a variety of teaching and learning resources, new teaching methods; improved infrastructure for preschools in many communities, and regular training sessions for pre-school teachers.

As a result of the DIs' e orts, many of the children who stopped going to pre schools have been brought back after being motivated by DIs' pre-school improvement activities for example establishment of play grounds in most of the pre-schools. Most of the communities have adopted climate adaptive practices by constructing firewood saving stoves, using briquettes, planting trees around the pre-school premises and in their homes. Through health and nutrition education which the DIs offered to the community and the pre-schools many people are now able to live a good life because they know how they can prevent themselves from contracting other common diseases.

In addition, community members who are infected or a ected with HIV and AIDS are now living positively due to the establishment of positive living clubs by the Development Instructors. People living with HIV have been trained on how they can live positively and live healthily by eating nutritious food grown by themselves in their backyard gardens.

# **EVENTS IN PICTURES**



Development Instructor program improved infrastructures for pre-schools with a variety of teaching and learning resources.

#### HUMANA PEOPLE TO PEOPLE

As a founding member of the International Humana People to People Movement which has its Headquarters in Zimbabwe, DAPP Malawi draws upon more than 36 years' of accumulated development experiences from the Humana People to People member associations. DAPP Malawi also bene to the from services in regards to program development and professional technical assistance within all areas of its operation.

"The Federation for Associations connected to the International HUMANA People to People Movement" currently comprises a network of 31 locally registered and managed national associations/organizations working in 45 countries.

Humana People to People places itself in the frontline of the struggle for development. The movement is built on the understanding of people as a decisive force in creating development and maintains Solidary Humanism as a basis for its international e-orts.

#### **A**CKNOWLEDGEMENTS

"Partnership in Development" builds on the understanding that progress and development must be created "From People to People". The driving force will always be the people involved, but they need partners on the ground, who can provide nancial resources and technical support to make the development happen.

DAPP Malawi continues to collaborate with many Partners in Development who have an interest in promoting progress within communities. On behalf of the approximately one million across Malawi who have been part of DAPP's projects in 2016, we extend our heartfelt thanks to all our Partners in Development and look forward to our continued collaboration.

#### THE GOVERNMENT OF MALAWI

- Department of Nutrition, HIV and AIDS
- Government o cials from all districts in which DAPP is working in
- Ministry of Agriculture, Irrigation and Water Development
- · Ministry of Education, Science and Technology
- Ministry of Gender, Children, Disability and Social Welfare
- · Ministry of Health
- Ministry of Labour, Sports, Youth and Manpower Development
- Technical, Education, Vocational and Entrepreneurial Training Authority of Malawi

#### Local Organisations, Individuals, Foundations, Trusts and Companies

- Afri-Nut
- · Airtel Malawi
- · Aquaid Life Line
- Atsikana Pa Ulendo (Girls on the Move)
- Charles Stewart Limited
- Exagris Africa Limited
- · Hon. Rhino Chiphiko M.P.
- Ntchima Trust
- Roger Federer Foundation
- Sable Farming
- Samarpan Foundation
- SeedCo Malawi Limited
- Sunbird Tourism Limited
- Tithandizane Bursary
- Waterloo Foundation

#### International Organisations, Multilateral Donors & Governments in 2016

- Baylor Tingathe Program
- Beit Trust
- Campaign for Female Education (CAMFED)
- Chinese Embassy
- · Comic Relief via TB Alert
- Cornaredo's Municipality through HUMANA Italy
- DFID UK Aid
- Dutch Government via Sympany
- Global Fund via Wits Health Consortium Via ADPP Mozambique
- Global Sanitation Fund through Plan Malawi
- Ministry of Foreign A airs in Finland via UFF Finland
- Monsanto Fund
- OPEC Fund for International Development
- · Plan Malawi
- Planet Aid
- The Private Foundation F.E.
- Save the Children
- Standard bank

- Sympany
- TB Alert (DFID UK Aid)
- UNDP
- UNICEF
- · World Bank via Department for Nutrition, HIV & AIDS
- World Food Programme

#### Members of Humana People to People

- · Humana Baltic
- · Humana Estonia
- · Humana Italy
- Planet Aid Inc.
- UFF Finland
- UFF Norway



Development Aid from People to People

Address: P.O. Box 2732, Plot #BE314

Baines Road, Ginnery Corner

Phone: +265888 861 791

Email: info@dapp-malawi.org

Website: dapp-malawi.org